



Be InfoRxmed

Storage, Disposal, & Protecting Your Family Prescription Drug Information Sheet

Prevent Prescription Drug Problems in Your Family

Never share medications that your doctor has given you with someone else. It is unsafe and illegal.

Another person may react differently to the medication and you could be putting their life at risk.

If you do take opioids, talk to your doctor about limiting the time you take them. You may want to ask if you can try a non-opioid drug first.

Serious Reactions

If someone takes more than prescribed, or combines opioids with alcohol or some other drugs, such as tranquilizers and sedatives, they can cause:

- Death
- Brain damage and paralysis
- Coma
- Weak muscles
- Dangerously low blood pressure

Local Resources

Oklahoma Poison Control: 1-800-222-1222

Addiction and Behavioral Health Center, Inc.:
(580) 332-3001

Chickasaw Nation Alcohol/Drug Program:
(580) 332-6345 x83555

Rolling Hills Hospital: (580) 436-3600

Mental Health Services of Southern Oklahoma:
(580) 436-2690

For more information about Prescription Drug Safety visit:
<http://www.samhsa.gov/rxsafety/>

Safe Storage of Medicines

- Lock up or hide painkillers so that they are not easily taken.
- Keep a count of how many pills you have.
- Always store drugs out of children's reach.
- Keep medicines in their original container.
- Store medicines in a cool, dry place.*
- Safely dispose of medicines that are expired or no longer needed.
- Do not repackage medicine in unmarked containers.

***Prescription Drug Lockboxes are available at all Walgreens and Advanced Care Medical Equipment locations.**



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Dispose of Unused Medicine

Keeping old medications in your home can put you or your family at risk of:

- Poisoning.
- Having medicine stolen.
- Taking medicine after its expiration date.
- Using medicine unwisely.

Utilizing a drug take back drop-box is the safest method of drug disposal.

Safer Disposal at Home

If you are unable to utilize a prescription drug drop box, take unused drugs out of their containers, and mix them with something undesirable, like used coffee grounds or kitty litter.

Put them in an empty can or sealable bag, this helps to guard the drugs from being taken by children or pets, or found by other adults. Throw these containers in the trash.

Ask your pharmacist if you have any questions or need help disposing of old medications.

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Take-Back Locations

- **Pontotoc County Justice Center**
1814 N. Broadway, Ada
- **Ada Police Department**
231 S. Townsend, Ada
- **Chickasaw Nation Lighthorse Police Department**
1130 W. Main, Ada
- **Chickasaw Nation Ada Senior Center**
1005 Chamber Loop, Ada
- **Chickasaw Nation Medical Center Pharmacy**
1921 Stonecipher Blvd., Ada
- **Chickasaw Nation ReUse Center**
2205 N. Broadway, Ada
- **Allen Police Department**
109 N. Memphis Street, Allen
- **Roff Police Department**
110 E. Main, Roff
- **Chickasaw Nation Kullihoma Senior Center**
12 miles east of Ada on Hwy. 1, then 5 miles south on Kullihoma Road

*None of these locations accept liquids, inhalers, or syringes.



The majority of people getting high from prescription drugs report getting the drugs easily and for free from a friend or relative.

Please dispose of your unused medications.